

From Pain To Wellness, LLC

Tests We Offer

Allergy Testing

Purpose:

To assess whether you have a problem with any of the following:

- Food sensitivities/allergies
- Gluten allergy/sensitivity
- Environmental allergies/sensitivities
- Candida overgrowth/allergy/sensitivity

Procedure:

You just need to have your blood drawn by a nurse at *From Pain to Wellness*. That's it!

Results/Treatment:

If you are found to have any sensitivities/allergies, recommendations will be made how to correct or treat these sensitivities/allergies with probiotics, prebiotics, pharmaceuticals, nutrients or botanicals. You should feel a whole lot better as treatment progresses. You will be given a "shopping list," containing food you can eat.

What's next?

The testing should be repeated in about 3 months to see how far the sensitivities/allergies have been corrected.

Toxic Metal and Mineral Screen

Purpose:

To assess whether you have a problem with toxic metals.

Procedure:

After waking in the morning you will place your first urine void into a urine specimen bag #1 (pre-provocative test). You will be asked to take a chelation medicine, DMSA (Meso-2, 3-dimercaptosuccinic acid) which will bind to the toxic metals in your body,

allowing them to be excreted in your urine so they can be accurately measured. For the next 6 hours you will collect your urine in specimen bag #2 (post-provocative test).

DMSA is a safe compound but has been noted to temporarily worsen gastrointestinal symptoms. Severe reactions are rare.

Results and Treatment:

If you are found to have elevated toxic metals with the provocative testing, recommendations will be made how to correct or treat these deficiencies with pharmaceuticals and nutrients.

You should feel a whole lot better as treatment progresses.

What's next?

The testing should be repeated 3 and 6 months after chelation has progressed, to make sure the problem is being corrected.

Endocrine Testing

Purpose:

To assess whether you have a problem with any of the following:

- Cortisol/DHEA imbalance
- Estrogen or Progesterone imbalance
- Testosterone deficiency

Procedure:

You just need to be given a kit in which you will give both saliva and urine samples in the comfort of your home. You will then send the samples to the lab. *From Pain to Wellness* will get the results and contact you.

Results/Treatment:

If you are found to have any abnormalities, recommendations will be made how to correct or treat these imbalances. You should feel a whole lot better as treatment progresses.

What's next?

The testing should be repeated in about 3 months to see how far the abnormalities have been corrected.

Gastrointestinal Testing

Purpose:

To assess whether you have a problem with any of the following:

- Digestion or absorption
- Gut inflammation
- Immune function
- Yeast overgrowth
- Bacterial overgrowth
- Harmful bacteria

Procedure:

You will be able to collect a stool specimen at home and place it in a specimen container.

Results/Treatment:

If you are found to have any of these problems, recommendations will be made how to correct or treat these deficiencies with Probiotics, prebiotics, pharmaceuticals, nutrients or botanicals. You should feel a whole lot better as treatment progresses.

What's next?

The testing should be repeated in 1-3 months to make sure the problem is corrected.

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